



*Campus life is looking up!*

**AMERICA'S FAVORITE  
PARENT ENGAGEMENT  
SPEAKER**

**KELLY RIPPON**

**OLYMPIC MOM, AUTHOR &  
LEADERSHIP EXPERT**



*Parents:* LETTING GO & EMPOWERING OUR KIDS

*Students:* COMMUNICATE YOUR NEEDS TO SUCCEED

*Schools:* INCREASE STUDENT RETENTION & SAFETY

# ABOUT KELLY



Author, inspiring speaker, Olympic parent and single mom of six amazingly accomplished kids, Kelly is a relatable and humorous storyteller. She weaves her years as a parent, corporate trainer, and college instructor into dynamic interactive presentations on leadership, resilience, and the importance of effective communication. She's spoken across the country to top companies like Barclays, EY Verizon, and Prudential as well as major schools and organizations including Columbia University, Ursinus College, the U.S. State Department, the U.S. Air Force, and Team USA Olympics. Kelly is a credible parenting expert who fully understands the mix of emotions families experience during the transition to college, because she's lived it. From her book PARENT UP, Kelly shares the habits that develop confidence, accountability, and empathy. Whether Kelly is speaking at a freshman orientation, leading a breakout session, or delivering a keynote at a campus event attendees will be informed and entertained with her authentic passion for helping families.

## TOPICS TAILORED TO YOUR EVENT

## EXAMPLES OF POPULAR TOPICS

- **COPING WITH HOMESICKNESS AND LETTING GO**
- **GOOD PARENTS MAKE GREAT LEADERS: LEADERSHIP 101**
- **OUT OF SIGHT ISN'T OUT OF MIND: DEALING WITH AN EMPTY NEST**

"Kelly shared personal stories that everyone connected with. Her breakout session was the highest attended."

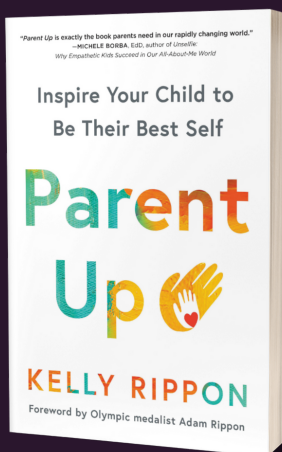
**Misericordia University**

"Kelly shares relatable personal experiences in Parent Up. It's no wonder her oldest son, Adam, achieved his Olympic dream and is a beloved sports figure."

**Kristi Yamaguchi, Olympic champion**

"Kelly's book, Parent Up is the book parents need in our rapidly changing world."

**Michele Borba, EdD**



## KELLY'S BEEN FEATURED ON NATIONAL MEDIA

