



KELLY RIPPON

Author & Speaker



How do you raise a champion?

After her eldest son, Olympic medalist, Adam Rippon returned home from the 2018 Winter Games, Kelly was frequently asked that question. As a single mom of six successful children Kelly knows how to inspire children to realize their full potential. Through her journey as a mother, she learned that her parenting skills reflected the same leadership model that she had been presenting to corporate audiences at Barclays, Verizon, EY, Knorr, Prudential, Columbia University, Olympus, the US State Department and many national healthcare organizations. Her philosophy is simple "good parenting is great leadership." She has traveled around the globe exploring the various influences that shape people's lives and how these influences impact communities. She has merged her findings with her corporate knowledge bringing together the two worlds with real life application. Kelly is a sought-after keynote speaker, subject matter expert at conferences, television, and is a popular guest on podcasts as well as hosting her own, The Trophy Life. Her SME topics include: leadership, optimism, empathy, communication, work/life balance, LGBTQ+ allyship and a wide range of parenting subjects. She is a great storyteller & offers listeners an optimistic "going forward" approach to life's interruptions. She helps parents and leaders inspire their children and those they lead to be their best while simultaneously build their own sense of self-worth. Kelly explains no matter the challenge, you can improve your life and empower those around you when you...**PARENT UP!**

Reviews

"The executives who joined us had the most glowing praise for Kelly. She is a very powerful and engaging storyteller."
Barclays US

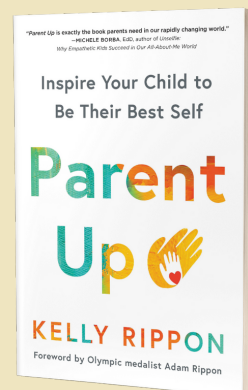
"Kelly is our regular 'go to' for parenting guidance at our station, America's highest rated ABC affiliate."
WNEP TV

"Kelly shares relatable personal experiences in Parent Up. It's no wonder her oldest son, Adam, achieved his Olympic dream and is a beloved sports figure."

Kristi Yamaguchi, Olympic champion / NYT bestselling author

"Kelly offers practical strategies that grow confidence, kindness and empathy in kids."
The Matthew Shepard Foundation

"Kelly's book, Parent Up is the book parents need in our rapidly changing world."
Michelle Borba, EdD



Topic Ideas

- How to Raise a Good Sport: From T-ball to the Olympics and Develop the Habits of a Champion

Are you raising a star athlete? What's the value in virtual lessons or Zoom ballet class?

- Homeschooling Through College Prep: Setting Boundaries with Adult Children and Letting Go

Communication techniques that translate English into English

- Dreams Don't Have Expiration Dates. Connect to Your Passion Without Guilt!

Feel more accomplished by doing less more effectively, eliminate procrastination and grow optimism!

Video Clips



Website: KellyRippon.com



Sourcebooks

Speaking Inquiries: [The Harry Walker Agency](http://TheHarryWalkerAgency.com)